

## I am Ms. Watson & Welcome to Lifetime Fitness



I love to garden, enjoy any activity outdoors, including hiking, snowshoeing, fishing, and traveling. I have had many pets throughout my life, including a horse, dogs, and guinea pigs. I currently have 2 cats, Simba, and Buttons. I love good mystery or comedy movies. I listen to country music but will listen to most top 40 songs. My favorite colors are Turqouise, Purple or Black. My favorite foods are Italian, Mexican and Henry's doughnuts.

## My philosophy

I value an environment that centers on students voices and individual identities while providing them with the knowledge and skills to apply physical activity in their daily lives.

WE ARE IN THIS TOGETHER!

HISTORY IN THE MAKING!